## EMOTIONAL SUPPORT DOMESTIC ROBOTS FOR HEALTHY OLDER ADULTS:

**Conversational Prototypes to Help With Loneliness** 

## REFLECTIVE LISTENING simple behavior designs deployed in people's homes



daily check ins – easy to do, gets people talking



simple discussion – prompts and questions support self reflection



audio diary – hearing thoughts reflected back can be therapeutic

We need: validate behaviours more prototypes By 2050 there will be 2 billion people over the age of 60.

Loneliness affects > 10% of people over 65.

Social robots can positively impact mood.

Social robots could help older adults feel less lonely!

## short term pilot testing long term deployment



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